



## Here to Listen 24/7

The Distress Centre of Ottawa & Region (DCOR) is a non-profit organization seeking to fill two positions on its board of directors. Should you be interested in applying, we are accepting applications until April 8, 2024.

In operation since 1969, DCOR is a well-recognized agency within the social services circle. Using volunteers as front-line workers, the Distress Centre is there for those who contact us for help, whether they are in a crisis or simply require answers to a question. We are there to provide a series of services that are integral to our community. In 2023, our volunteer Responders generously gave their time to answer more than 53,000 interactions.

The DCOR board of directors is the governance body of the DCOR. On behalf of the community, and representing the members of the DCOR, the board provides the strategic direction, resources, high-level oversight, insight, and foresight for the organization to be successful in achieving its mission and goals.

DCOR board members come from all walks of life. Ideally, but not exclusively, the candidate will:

- Have the competencies required to be an effective Board member, including;
  - Possessing a strong set of values that includes equity, diversity, and inclusivity;
  - Clear and effective communication skills with a respectful and collaborative approach to problem solving; and
  - Adaptive expertise with good judgement and critical thinking capabilities.
- Training, professional or lived experience of any of the following would be considered an asset:
  - Communications, fundraising, HR, volunteer management, information technology, law, or strategic planning
  - Special consideration will be provided to those with expertise in Equity, Diversity, and Inclusion (EDI) and Finance
  - Prior membership of a Board or in other governance roles

The Distress Centre of Ottawa and Region (DCOR) is committed to building an organization that is diverse and inclusive. DCOR encourages applications from all qualified individuals including those with lived experience of mental health and racialized individuals, especially those who identify as Black or Indigenous (First Nations, Métis, or Inuit), as well as people who identify as LGBTQ2S+, and persons with a disability. When you apply, we invite you to indicate, on a voluntary basis, if you belong to one of these groups.

If Interested please submit your resume and cover letter to Charles Laframboise, Executive Director [claframboise@dcottawa.on.ca](mailto:claframboise@dcottawa.on.ca)